

# Monogenic MINUTE

NEWSLETTER



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[MONOGENICDIABETES.ORG](http://MONOGENICDIABETES.ORG)

April, 2019

## Spring Is Here: April Newsletter



### Welcome!

Welcome to the “Monogenic Minute”, the newsletter of the University of Chicago Monogenic Diabetes Registry!

Your continued participation in the Monogenic Diabetes Registry is greatly appreciated. Whether it's completing an annual follow-up survey, updating your contact information, or referring other family members with diabetes, your involvement is truly the fuel for our studies.

We hope you enjoy this issue of the Monogenic Minute. We welcome any suggestions for future issues in the years to come, as we hope to stay connected with all of you who make the Monogenic Diabetes Registry possible!

### **Update: Monogenic Diabetes Registry**

Over 1,700 families, with over 900 confirmed monogenic diabetes diagnosis are currently enrolled in the largest atypical diabetes database in the United States.

**[Learn more](#)**

**Do you want to participate in our new and ongoing studies?** [Find out more here.](#)

## **Registration Open: 2019 Monogenic Diabetes Family Forum!**



**[Register Here](#)**

### **"Celebrating Miracles and Milestones: Our Journey Continues"**

This year we are hosting our 4th annual family meeting in Oak Brook, IL from July 25-27, 2019. This conference brings families together to build social support and learn with and from our team of experts. For more information please follow the link below. We hope to see you there!

**[Learn more](#)**

## Ask the Investigators

### Q: What are my options to receive monogenic diabetes testing?

A: There are two routes to consider when pursuing monogenic diabetes testing for yourself or family members. Commercial-based or clinical-based genetic testing is completed at a lab with some insurance companies partially or fully covering costs. Research-based genetic testing is completed through our research study, without involving your insurance company, and is free-of-charge.

### [Learn More](#)

Do you have a question for the investigators?

[Ask Here](#)

## Clinician Corner



Meet Dr. Liana Billings and Adult Endocrinologist! She is a friend to the Monogenic Diabetes

### Dr. Liana Billings

#### Medical School:

University of Illinois at Chicago  
College of Medicine

- Chicago, IL

#### Residency in Internal Medicine:

McGaw Medical Center of  
Northwestern University

- Chicago, IL

#### Fellowship in Endocrinology:

Massachusetts General Hospital

Registry and advocate for her patients.

**Location/Hospital Affiliation:**

-Director of Diabetes and Obesity Research and Personalized Medicine in Diabetes  
-Clinical Assistant Professor in Medicine  
NorthShore Endocrinology Medical Group  
NorthShore University HealthSystem

- Skokie, IL

- Boston, MA

**Masters in Clinical Investigation**

Harvard Medical School

- Boston, MA

**Endocrinology Research Fellowship**

McGaw Medical Center of Northwestern University

- Chicago, IL

[Enjoy a short interview HERE](#)

## Enrollment: Registry Participation



Who should have genetic testing?

When will my genetic testing results become available?

Can I have a copy of my genetic report?

How do I refer family/friends to the Registry?

[Click here for answers to our most frequently asked questions!](#)

Need to Update Your Contact Information?

[Click Here](#)

For more information on our recent publications please, [click here.](#)



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